



**Support the Mountain
Nutrition for Higher
Consciousness
7th Oct 2011**

Limited Spaces

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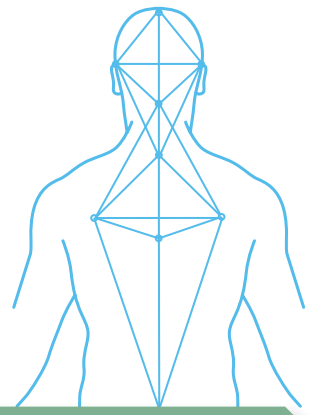
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Support the Mountain Nutrition for Higher Consciousness

with Dr. Mikio Sankey, Ph.D., L.Ac.



"Support the Mountain is the first work to incorporate Naturopathy and fresh, raw, whole foods within the framework of Chinese Medicine, integrating whole foods with the body, mind and spirit. The book is especially written for those who seek a newer, 'Higher Frequency Inner Rhythm' to enter the Field of an Awakened Humanity. Fresh, organic whole foods vibrate with a very fine frequency allowing you to become more aware of your thoughts and actions and how these effect you, others and everything around you. 'An Awakened Heart' will not allow you to put things into your body that are harmful to yourself and others. Your wise choice of foods will allow you to expand both your exoteric and esoteric worlds leading you to a world of harmony, joy, love and harmlessness." **Mikio Sankey**

The Support the Mountain presentation is a required nutritional portion of the Esoteric Acupuncture series and is designed specifically for practitioners. Although much of the information can be used to treat clients/patients, it is important that practitioners understand the interconnectedness between the physical body and the various higher planes of consciousness and how this awareness and well-being affects those being worked on.

During the one-day presentation Dr. Mikio Sankey will discuss:

- The physical, astral and spiritual aspects of various biochemical elements that are associated with the Chinese Five Element Theory
- Go over each of the 5 elements in detail, in relation to Esoteric Healing:
 - Fire:** Heart & Potassium
 - Earth:** Spleen & Magnesium
 - Metal:** Lungs & Sulphur
 - Water:** Kidneys & Calcium
 - Wood:** Liver & Sodium
- Dr. Sankey will discuss enzymes and the digestive system
- Acid versus alkaline.
- How raw foods are necessary for moving into the higher spiritual realms through the concept of Esoteric Heterodyne Birthing.

Everything you eat and drink affects your consciousness and influences the energetic frequencies of all of your fields.

Consciousness is energy.

Energy is a transporter of information.

Are you eating healthily?

What are you transferring to your clientele?

"Support the Mountain refers to an Acupuncture point called *Cheng Shan* UB-57. *Cheng Shan* can be translated as 'Support the Mountain'. Supporting the Mountain refers to feeding the physical vehicle to support our ascension to the higher levels of consciousness." **Mikio Sankey**



Dr. Sankey is the author of five books available from CHINA BOOKS
Melbourne 03 9663 8822 or Sydney 02 9280 1885

- Esoteric Acupuncture, Gateway to Expanded Healing Vol. I
- Discern the Whisper, Esoteric Acupuncture Vol. II
- Climbing Jacob's Ladder Vol. III
- Sea of Fire-Cosmic Fire, Esoteric Acupuncture Vol. IV
- Support the Mountain - Nutrition for Higher Consciousness Vol V

"Everything you eat and think is transferred through your hands and into your needle. You have a responsibility to your clientele to be as vibrationally clean and clear as possible" Mikio Sankey

Support the Mountain – Nutrition for Higher Consciousness Registration Form:

It is recommended that you be familiar with Support the Mountain - Nutrition for Higher Consciousness Esoteric Acupuncture Volume V available from CHINA BOOKS.

Support the Mountain – Nutrition for Higher Consciousness is a prerequisite to EXPANDED Level 2 Workshop. Although a prerequisite for the Expanded Level 2 Workshop, you can register to attend this workshop as a stand alone.

I am registering for **Support the Mountain – Nutrition for Higher Consciousness Friday 7th October 2011**

Full Rate: Support the Mountain – Nutrition for Higher Consciousness
- After 1st September \$345

Earlybird Rate: Support the Mountain Nutrition for Higher Consciousness – Before 1st September 2011 \$298

I have completed Esoteric Acupuncture Level 1 2010

I have completed Esoteric Acupuncture Level 2 2010

I am registering for **Foundation Level 1 Workshop**

I am registering for **Expanded Level 2 Workshop**

I am registering for **Support the Mountain Nutrition for Higher Consciousness** only

I look forward to receiving my CHINA BOOKS \$100 Voucher

Venue: Australian Shiatsu College, 103 Evans Street, Brunswick, VIC
Includes light lunch (v)

I am a Practitioner of (Modality) & Member of (Assoc)

Full Name Ph

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City & State Post Code

Email address

Payment details Cheque Included Electronic Direct Debit Visa MasterCard

Card Number Expiry Date

Name on card Signature

Direct Debit: IntoFreedom BSB 633-000 Account 134144260 Please include your name on the deposit.

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For more information ask for Alison Clarke or visit www.intofreedom.com.au

BOOKING ALL 3 WORKSHOPS

Foundation Level 1, Support the Mountain – **Nutrition for Higher Consciousness & Expanded Level 2.**

Receive a CHINA BOOKS \$100 Voucher.

For further information and details contact IntoFreedom or CHINA BOOKS

REPEATING a 2010 WORKSHOP & Booking Support the Mountain – **Nutrition for Higher Consciousness & Expanded Level 2.**

Receive a CHINA BOOKS \$100 Voucher.

A limited number of treatments with Dr. Sankey are available and will be balloted 1st September 2011*
To register email alison@intofreedom.com.au
*Conditions apply

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About the presenter: **Dr. Mikio Sankey, Ph.D., L.Ac.** Acupuncturist, Energy Healer, Naturopathic Physician, has integrated the teachings of the Ageless Wisdom for over 40 years. He has been researching and personally experimenting with fasting, raw foods, internal cleansing and juicing since the late 1960's. He has a Doctorate of Health Sciences from Honolulu University, specialising in Iridology and Nutrition and a Doctor of Naturopathy Degree from Clayton College of Natural Health.