



"As your inner spiritual world unfolds through dedicated inner plane work and as you're able to hold increased levels of light for longer periods of time your Antahkarana will also unfold. The Antahkarana is an ageless open system."

*Mikio Sankey Ph.D., L.Ac.
Antahkarana Celestial
Fullness Esoteric
Acupuncture Vol VI*

Dear Light Worker,

Could you share the joy of the unfolding or the building of your 3-6-1 Antahkarana?

Maybe you have questions?

How about sharing what you have experienced in your life as you deepen your Inner Plane Work, change your frequency, increase your light and expand your consciousness?

You are invited to join a new facebook group named **Antahkarana Builder**. Only those that have downloaded the eBook "How to build an Antahkarana your Inner Spiritual Antenna" are invited.

To join enter **Antahkarana Builder** in the search bar and send a request to join. Or click on this link

<https://www.facebook.com/groups/1556783421285585/>

The plan is to open a forum, provide resources and information for **individuals, meditation groups, or workshops** in different states across Australia therefore facilitating the opportunity to connect with **likeminded Souls**.

Hear Dr Mikio Sankey answer this question from Dr Sohial Farzam.

[Why a 3-6-1 Antahkarana?](#) (click to hear the audio)

How inspiring is that? Thank you Sohial.

Love and light,

Alison



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PS: Workshops or meditation groups are taught or lead by experienced Advanced Energy Healers Esoteric Acupuncturists.